

# Assessment and Plan

| <u>A</u>   | <u>A'</u>   | <u>P</u>   |
|--|---|--|
| <p><b>1100</b><br/>Left flank tenderness</p> <p>Unable to clear spine 2*<br/>distracting injury</p> <p>ASR</p> | <p>volume shock</p><br><p>swelling</p> <p>cont. ASR</p> | <p>PROP/ monitor / EVAC</p><br><p>stabilize</p> <p>reassurance</p> |
| <p><b>1130</b><br/>Left flank bruising /<br/>tenderness</p>  | <p>volume shock</p>                                     | <p>PROP / monitor /EVAC</p>  |

Notes:

@ 1130: ASR had resolved and vitals had improved markedly. Although the pt. continued to complain of significant pain in the left flank she was considered reliable and the spine was cleared with non-distracting off mid-line flank px and normal motor / sensory exam.

## What actually happened next...

The pt. remained stable through the 8 hr. evacuation to shore and the nearest hospital. She was observed overnight and released the following day with a Dx of kidney contusion. The pt. did not sustain any other significant injury but was sore for days following the incident.

1